

Decision Power[®]

Healthy Discounts



Health Net[®]
LIFE INSURANCE COMPANY

Decision Power[®]

How It Works

At Health Net, we believe good health is more than the absence of illness. Our Decision Power Healthy Discounts program rewards you for being a member and supports your good health! Log in to www.healthnet.com and click on *Wellness Center > Member Discounts* to learn more about these discounts and how to access them.

Your health,
your time,
your choice.
Decision Power
helps you become
an active partner
in decision-
making about
your health and
the health of
your family.
You can access
Decision Power
from the privacy
of your own home
or office, and
it's completely
confidential.

Peace of mind with the Nurse Advice Line

Our free Nurse Advice Line makes it easy to get answers to your health questions. You don't even have to leave home! Staffed by nurses (RNs), our Nurse Advice Line is available 24 hours a day, 7 days a week. Call us if you have questions about:

- Your health, medicine or a long-time health problem.
- Whether you need to get to a hospital fast or see your doctor.
- How to handle a health issue in the middle of the night.

Call us toll-free at 1-800-893-5597 (TTY: 711). Interpreter services are also available 24 hours a day, 7 days a week.

Please note: Decision Power nurses are not for emergency situations. If you have a life-threatening emergency, call 911 or go to the emergency room.

Specialty health care

Acupuncture

One of the oldest forms of healing in the world, acupuncture is a therapy that inserts fine, hair-like needles into specific body points called acupuncture points. The National Institutes of Health has endorsed acupuncture for pain syndromes, nausea and other conditions.

Through the ChooseHealthy[®] program, a product of American Specialty Health Administrators, Inc., a subsidiary of American Specialty Health Incorporated (ASH), you can receive a 25% discount on the usual and customary fees from a contracted acupuncturist, chiropractor or massage therapist.

Chiropractic

Chiropractors specialize in treating various conditions of the nervous, muscular and skeletal systems of the body, primarily using techniques that adjust or manipulate joints and muscles. Some of these conditions include, but are not limited to, lower back pain, neck pain, strains, and sprains, etc.

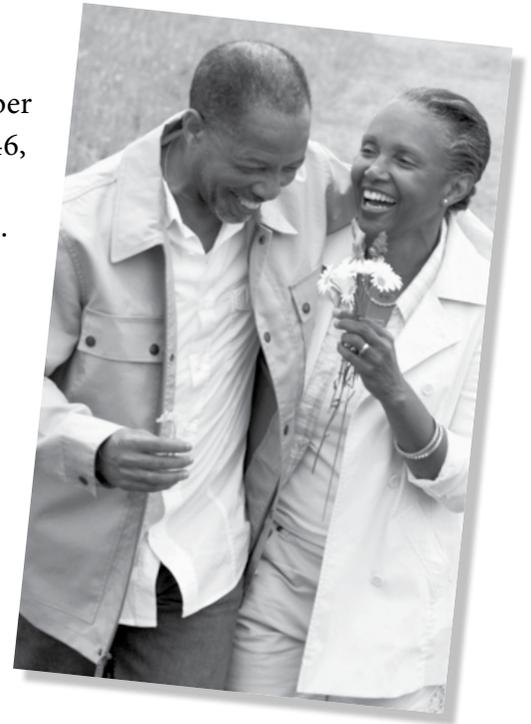
Through the ChooseHealthy program, you can receive a 25% discount on the usual and customary fees from a contracted chiropractor.

Massage therapy

Massage therapy uses touch to treat the body's muscular structures. There are more than 150 variations of massage, bodywork and somatic therapy techniques. If you've never had a massage, use your Decision Power Healthy Discounts discount and try it for yourself.

Through the ChooseHealthy program, you can receive a 25% discount on the usual and customary fees from a contracted massage therapist.

Find providers and more information through the www.healthnet.com member portal or call 1-877-335-2746, Monday through Friday from 5:00 a.m. to 8:00 p.m. and Saturday from 12:00 p.m. to 8:00 p.m. Pacific time (PT). Then call the provider you choose and schedule an appointment. At your office visit, show your Health Net ID card and pay the provider.



Please note that ChooseHealthy is not insurance. You should check any insurance benefits you have before using this discount program, as those benefits may result in lower costs to you than using this discount program. The discount program provides for discount specialty health care services from participating practitioners. You are obligated to pay for all health care services but will receive a discount from those health care practitioners who have contracted with the discount program. The discount program does not make payments directly to the participating practitioners in the discount program. The discount program has no liability for providing or guaranteeing service and assumes no liability for the quality of service rendered.

ChooseHealthy is a federally registered trademark of ASH and used with permission herein.

The "usual and customary" charge is preset for each procedure. This charge is determined by the complexity of the treatment and the fee most commonly charged for that procedure in a particular geographic area. This is the "maximum allowable" for any procedure, and the benefit will be calculated based on the provider's submitted fee or the usual and customary amount – whichever is lower.



Eye care

A variety of savings and hundreds of providers are offered through the following vision vendors:

EyeMed Vision Care

Discounts on eye exams, frames and lenses at more than 26,000 locations, including JCPenney Optical, LensCrafters, Target Optical, and most Sears Optical and Pearle Vision locations.

- \$5 off contact lens exam and \$5 off routine eye exam
- 15% off retail price for conventional contact lenses
- 35% off retail price of any available frame at provider location¹
- \$50 single, \$70 bifocal, \$105 trifocal plastic lenses¹

LASIK or PRK surgery

EyeMed Vision Care

Health Net members receive a 15% discount on retail laser vision correction (LASIK) or 5% off the promotional price. For locations, contact EyeMed at 1-866-392-6058 (TTY: 711), Monday through Saturday from 4:30 a.m. to 8:00 p.m. and Sunday from 8:00 a.m. to 5:00 p.m. PT. Or go to www.eyemedvisioncare.com to find a convenient location. Visit www.eyemedvisioncare.com/healthnet to view Health Net discount program information. Bring the group number and your Health Net ID card to an authorized provider to receive the discount.

Fitness facility discounts

Active&Fit Direct™

Through the Active&Fit Direct program, you have access to a national network of fitness centers for just \$25 a month (plus a one-time \$25 enrollment fee). There is a 3-month commitment.

Register online through the Health Net member portal. You may also call 1-844-646-2746, Monday through Friday from 5:00 a.m. to 6:00 p.m. PT.

Health products and online resources

E-Store

Through the e-store, you can buy health and wellness products at a discount. Health Net members receive free standard shipping on all orders. To order, visit the e-store at www.ChooseHealthy.com or call 1-888-289-4325, Monday through Friday from 5:00 a.m. to 6:00 p.m. and Saturday from 2:00 p.m. to 8:00 p.m. PT.

In-home care services

AccentCare, Inc.

AccentCare provides thoughtful solutions for living at home. You can receive a free initial consultation by telephone, a 10% discount on the first month's services for personal care and a free copy of *What Everyone Needs to Know About Homecare*. To learn more, call 1-800-834-3059, Monday through Friday from 8:30 a.m. to 5:00 p.m. PT, or log in to www.accentcare.com.

¹The discount is available only when a complete pair of glasses is purchased. Items purchased separately will be discounted 20% on the retail price.

Hearing aids and screenings

Beltone™ Hearing Centers

Health Net members and their immediate family members are entitled to the new Beltone discount program:

- Free hearing screenings
- Free three-year warranty, including three-year loss and damage coverage
- Free three-year supply of hearing aid batteries (144 cells per aid)
- 30-day refund policy, including two-year hearing loss change protection
- Set discount prices:
 - \$2,495 – Legend 9, First 9, Boost 9, Prime+ 17
 - \$1,995 – Legend 6, First 6, Bold 3
 - \$1,495 – Ally 3, True 3, Origin 3, Ally 2, Bold 2
 - \$995 – Origin 2, Turn
 - 25% off all other Beltone hearing aids

How the program works:

1. Call 1-800-996-0234 for your nearest Beltone provider.
2. Call your provider to make an appointment for a free hearing screening.
3. Bring your Health Net member ID card.

For more information:

www.beltone.com

Hearing Care Solutions

Health Net members and their families receive free hearing exams and discounts on hearing aids.

All hearing aids include a 3-year comprehensive warranty (including loss and damage), 2-year supply of batteries (up to 128 cells), unlimited follow up visits for one year, and a 60-day evaluation period.

Discount prices are:

Level 1 – \$1,675

Level 2 – \$1,275

Level 3 – \$825

Level 4 – \$675

Level 5 – \$500

Call Hearing Care Solutions for details

and to make an appointment at

1-866-344-7756,

Monday through Friday from 5:00 a.m. to 5:00 p.m. PT.

For more information:

www.hearingcaresolutions.com





Decision Power
Healthy Discounts –
We believe
healthy living is
about staying
active, having a
good attitude
and feeling
comfortable.
We recognize
that good health
goes beyond
your covered
medical benefits.
Membership in
Decision Power
Healthy Discounts
is automatic
and yours at
no additional
cost. Enjoy the
advantages
of Health Net
membership and
the rewards of
living well.

Weight management

Weight Watchers

Weight Watchers offers two weight-loss solutions:

OnlinePlus – Weight Watchers online digital weight-loss program includes personal food and fitness tracking from your mobile device or desktop.

- 24/7 expert chat with the Weight Watchers coaching team.
- Seamlessly sync with your favorite activity tracker to track fitness on the go.
- Weight Watchers Connect – a members-only social networking site.
- Health Net members qualify for a 50% discount (\$27.50 for 3 months) – Available twice a year for a total of 6 months continuous enrollment.

Meetings (includes OnlinePlus)²

– Combines Weight Watchers' meetings with all the benefits of OnlinePlus. Program includes:

- Unlimited access to local weekly meetings, led by a trained leader.
- Confidential weigh-ins.
- Digital and mobile tools to help members stay on track.
- Health Net members qualify for a 50% discount (\$19.11 per month) for the first 6 months.

Get more information by calling 1-866-896-2655 (TTY: 711).

Please provide the Health Net client ID number to the enrollment specialist: 29851

Note: To receive a discount on any of the two options, individuals must be active Health Net members.

Jenny Craig

Jenny Craig Health Net members can join Jenny and receive a free 3-month program (food cost separate), plus \$70 in food savings (purchase required) or 50% off a premium program (food cost separate). Jenny Craig includes a weight-loss expert whose job is to make sure you hit your goal. Each week, you choose a premium menu of delicious foods and eat the award-winning food 5 times a day plus one snack of your own.

Get started today by visiting www.jennycraig.com/healthnet, or call 1-877-Jenny70 to schedule an appointment for a FREE and no-obligation consultation.

²Available in participating areas only. Local meeting voucher discounts vary with region.



All programs are subject to change.

This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions.

Decision Power Healthy Discounts offers discounts on health products and reduced-fee health services. Decision Power Healthy Discounts is not part of your Health Net benefit program, is not intended to take the place of any covered benefits, and is offered to the member in addition to, rather than instead of, covered benefits. It is made available to specified Health Net members at no additional cost as part of Health Net's Wellness Program. Decision Power Healthy Discounts providers are independent businesses. Members purchase services and/or supplies directly from these providers. Questions or complaints regarding the Decision Power Healthy Discounts program should be directed to Health Net's Customer Contact Center. Questions or complaints regarding a Decision Power Healthy Discounts provider should be directed to that provider.

Price and availability: Discounts for Decision Power Healthy Discounts products are based on the providers' regular retail prices. Discounts on Decision Power Healthy Discounts services are based on the providers' usual charges. Providers' prices and charges are subject to change without notice. All discounted products and services are subject to availability. Some restrictions may apply.

Liability: Health Net makes no endorsements or warranties on any of the products or services offered through the Decision Power Healthy Discounts program and assumes no liability for such.

You have access to Decision Power through current enrollment with Health Net of California, Inc. or Health Net Life Insurance Company (Health Net). Decision Power is not part of Health Net's commercial medical benefit plans. It is not affiliated with Health Net's provider network, and it may be revised or withdrawn without notice. Decision Power services, including clinicians, are additional resources that Health Net makes available to enrollees.

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